

A Note from Nurse Lisa

May 28, 2026

Dear Parent or Guardian:

To provide the best educational experience, school personnel must understand your child's health needs. Per state law and town requirements, an immunization update and physical exam are required yearly for children under the age of 5, as well as kindergarten, 3rd, 6th, or 7th-grade-eligible students. The physical exam needs to be entered on a State of Connecticut Health Assessment Record (Blue and Yellow forms) and dated within one year of the first day of school. If your family is new to our school, please submit your child(ren's) health assessment by

August 1, 2026.

Please note, health assessments must be completed by your child's physician with all items marked with an ***asterisk** performed at the time of the physical examination. The front of this form is to be completed and signed by the student's parent or legal guardian. If your student has special healthcare needs and you would like to meet in person before school begins, I will be available the week before school starts in person or by phone to discuss your child's specific healthcare needs. **Please email me at nurse@msggh.org to make an appointment.**

Please take note of the CT immunization requirements for students. As of April 28, 2021, the law removes exemptions that are not medical. To view the CSDE (Connecticut State Department of Education) Guidance Regarding Public Act 21-6, "An Act Concerning Immunizations". [Please click here](#)

In addition, please ensure that your online emergency forms are up to date and completed. This is to be done every new school year for every child. This form provides essential emergency health and contact information, as well as gives consent for the school nurse to provide both routine and emergency health care to your child.

Lastly, if your child requires any medications during the school day, a medication authorization must be completed by both the parent/guardian and the prescriber.

As always, feel free to contact me with any questions.

Have a wonderful, safe & healthy summer,

Lisa Fichandler,
BSN RN