



FORMULARY FOR OTC PREPARATIONS

West Hartford Non-Public Schools
Health Program
School Year 2026 - 2027

Isopropyl Alcohol	May be used topically as an antiseptic for skin care
Eye Irrigating Solution	May be used to flush eyes and for self-cleaning of contacts
Refresh Plus Eye Drops	May be used for dry eyes
Mouth Rinse	May be used to rinse or freshen mouth
Iodized Salt	May be used to gargle for throat discomfort.
Acetaminophen	Used only with signed parent permission
Ibuprofen	Used only with signed parent permission
Saline Wound Wash	May be used to clean wounds of dirt and debris
Bactine Liquid Antiseptic/Pain Reliever	May be used topically for prevention of infection and relief of pain and itching from minor cuts, scrapes and burns. For students over 2 years of age.
Petroleum Jelly	May be used for chapped lips.
Dental Wax	May be used with orthodontic appliances to protect against mouth sores
Emollient, fragrance-free Lotion or generic equivalent.	May be used for dry, irritated skin. (such as Lubriderm, Eucerin, Cetophil)
Hand Sanitizer	May be used to clean hands when soap and water are not available.
Bacitracin Antibiotic Ointment or Petroleum Jelly	May be used topically for minor abrasions and lacerations.
Calagel	May be used topically for itching from insect bites or rash for students over 2 years of age. May cause skin irritation.
Hydrocortisone Cream 1%	May be used topically for itching from insect bites or rash
Tums	May be used for upset stomach for student over 12 years of age.
Aspirin (325mg)	Emergency use ONLY for adults with Acute Coronary Syndrome prior to EMS transport and as directed by 911.
Albuterol Inhaler	Emergency use ONLY for Respiratory Distress
Epinephrine 0.15 & 0.3 mg	Emergency use ONLY for Anaphylaxis of undiagnosed Individuals.
Narcan Nasal Spray	Emergency use ONLY for Opioid Overdose

Ann Milanese MD

March 15, 2026

Ann M. Milanese, MD, Medical Advisor

Date